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## **CLAIMS**

What is claimed is:

- 1. A method for producing a fine, highly crystalline material product, the method comprising fluid energy milling a crystalline material using a milling fluid comprising helium at reduced temperature.
- 2. A method according to claim 1 wherein the milling fluid consists of helium.
- 3. A method according to claim 1 wherein the temperature of the milling fluid is between -30°C and -120°C.
- 4. A method according to claim 3 wherein the temperature of the milling fluid is between  $-50^{\circ}$ C and  $-70^{\circ}$ C.
- 5. A method according to claim 1 wherein the crystalline material comprises a medicament powder.
- 6. A method according to claim 5 wherein the crystalline material is triamcinolone acctonide.
- 7. A method according to claim 1 wherein the product has an amorphous content of less than 5%.
- 8. A method according to claim 7 wherein the product has an amorphous content of less than 2%.
- 9. A method according to claim 8 wherein the product has an amorphous content of less than 1%.
  - 10. A method according to claim 1 wherein the product comprises a medicament powder in a form suitable for inhalation.

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- 11. A method according to claim 10 wherein the product has a median particle size of less than 10 microns.
- 12. A crystalline material containing substantially no amorphous content and having a median particle size of less than 2 microns.
  - 13. A crystalline material according to claim 12 having a median particle size of about 1 micron.
- 10 (14. A crystalline material according to claim 12 which is triamcinolone acetonide.
  - 15. A crystalline material produced by a method according to claim 1.
  - 16. A crystalline material according to claim 15 containing substantially no amorphous content and having a median particle size of less than 2 microns.

